

CHARLIE LAU *aerialist*

Charlie specializes in aerial hoop (lyra), but also has worked on multiple apparatuses (spiral, trapeze, hammock) and in partner acrobatics. Her contemporary choreography emphasizes flow & musicality. Outside of circus, Charlie holds a BA from Stanford and a MPP from Oxford.



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Website:

CharlotteSLau.com/cirque

Nationality / Residence:

US citizen

South African Perm Res

Residing in Cape Town, SA

PERFORMANCE EXPERIENCE

BEYOND: A Cirque Fantasy (South Africa)

- BEYOND (2025) - Award-nominated dance & circus show. *Aerialist with three solos across lyra, hammock, and spiral.*

Zip Zap Circus (South Africa)

- "Kaleidoscope" (2024) - Sold-out family circus show. ~500 person audience per night. *Spiral soloist & company dancer.*
- "Starlight Classics" (2023) - Live & televised classical/pop music & dance show; 1000-person audience per night. *Lyra soloist.*
- "Journey Returns" (2021) - Circus show with philharmonic orchestra and jazz band. *Lyra soloist and company member.*
- "Biophilia" (2021) - Acrobatic dance film, produced by members of 7Fingers & directed by Jacob Jonas Company. *Dancer & flyer.*

Immersive Cape Town (South Africa)

- "United World Summit" (2024) - Interactive theatre experience with a magical theme, performing in the round amidst guests. *Lyra soloist.*

Helios Circus Arts (Mexico)

- Themed shows around space (2019), weight (2020), and water (2022) - *Lyra soloist, including one act with rain, in a pool of water.*

Trash Cabaret (South Africa)

- "Carnival of Dreams" (2016) - *Solo lyra on outdoor stage with band.*

Afreaka Aerials (United Kingdom)

- Community show (2015) - *Lyra solo, Lyra trio.*

TEACHING EXPERIENCE

Aerial Hoop Retreat / Festival (South Africa) - 2022, 2023

- Launched, organized, and taught a 3-day aerial lyra retreat (2022) and a multi-apparatus circus festival (2023)

Helios Circus School (Mexico) - 2019-2020

- Bilingual beginner lyra in English/Spanish, 4 hours/week

Air Fit (Mexico) - 2019-2020

- Intermediate low-flow lyra in Spanish, 1 hour/week

SPECIALITIES & DEVELOPMENT

Aerial

- **Main specialities:** Lyra (since 2014) , Dance trapeze (since 2018)
- **Secondary specialities :** Spiral (since 2022), Hammock (since 2018)
- **Plus some experience in:** Pole / flying pole, Silks, Triple trapeze flyer, Bungee, Vertical dance

Ground

- **Acrobatics:** Flyer in group/partner acrobatics (2019-ongoing), acroyoga (2022-ongoing), and quebradita Latin acro dance (2022)